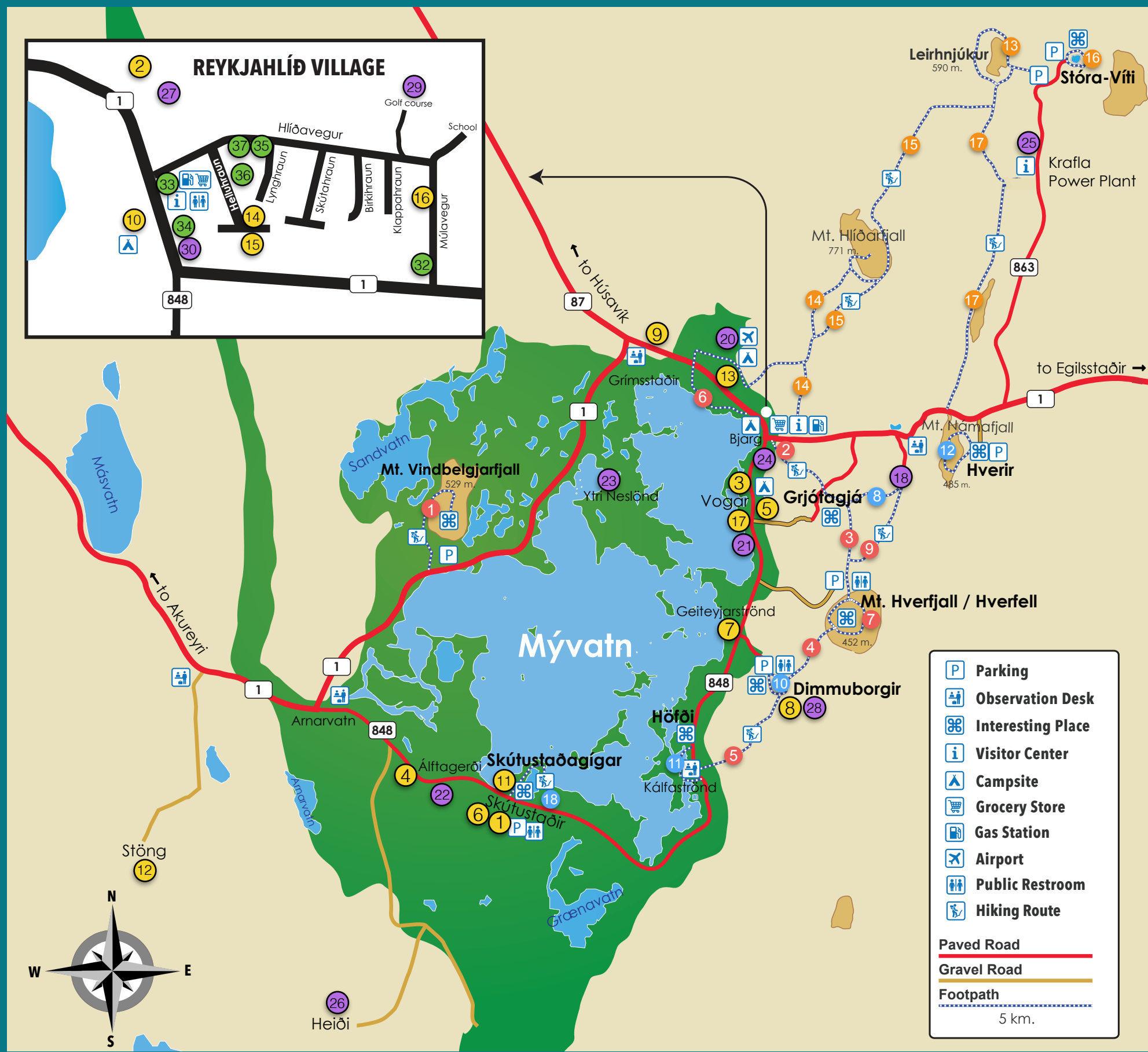




DEAR VISITOR

Welcome to Mývatn Nature Reserve! You are visiting a very special place. Lake Mývatn, Laxá river and most of the surroundings are protected by law as globally important wetlands. Everyone is obliged to treat the local environment with care and avoid interrupting sensitive wildlife.

KEEP IN MIND!

- Sailing on the lake, including kayaking and paddle boarding, is not permitted for visitors.
- Stay within marked trails, the vegetation and the geological formations are very fragile.
- Take only photographs and memories back with you, leave rocks and plants behind.
- Always use public WC. If you are far off the beaten track, bury your waste away from the trail. **Enjoy your stay!**



Twitter, Facebook, and Instagram icons.

MÝVATN
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NORTHERN LIGHTS

Find a safe spot. **Please, do not park or stop the car in the middle of the road.** Recommended spots:

P, i, 88 icons.

Have fun!

Icons of a mobile home, a tent, and a camper.

ATTENTION!

Travelers with mobile homes and campers, overnight stay is only permitted at designated campsites.

DISTANCES FROM MÝVATN

Akureyri..... 83 km	Dettifoss... 50 km
Húsavík..... 54 km	Ásbyrgi... 118 km
Egilsstaðir..165km	Goðafoss.. 49 km
Reykjavík.. 470	Krafla..... 15 km
Keflavík.... 512 km	Askja 130/150 km

safetravel.is

The official source for safe adventure in Iceland

WHERE TO STAY & EAT

1  Sel Hótel Mývatn Dine at Sel Bistro Shop at Café Sel www.myvatn.is Tel +354 464-4164	2  Icelandair Hótel Mývatn Dine at Mylla Restaurant & Gamli Bær Bistro www.icelandairhotels.com Tel +354 594-2000	3  Vogafjós Farm Resort Dine at the Cowshed Cafe Visit the cows www.vogafjos.is Tel +354 464-3800	4  Hótel Laxá Dine at Eldey Restaurant www.hotellaxa.is Tel +354 464-1900
5  Stay at Vogar Travel Service Eat at Daddi's Pizza TAXI www.vogahraun.is Tel +354 464-4399	6  Stay at Skútustaðir Farm Guesthouse www.skutustadir.is Tel +354 464-4212	7  Stay at Dimmuborgir Guesthouse www.Dimmuborgir.is Tel +354 464-4210	8  Dine at Kaffi Borgir Shop at Mývatn Market www.kaffiborgir.is Tel +354 464-1144
9  Stay at Fosshótel Mývatn Hotel & restaurant www.islandshotel.is Tel +354 453-0000	10  Stay at Bjarg Travel Service Campsite & Guesthouse ferdabjarg@simnet.is Tel +354 464-4240	11  Stay at Hótel Gígur Hotel & restaurant www.keahotels.is Tel +354 464-4455	12  Stay at Stöng Guesthouse & restaurant www.stong.is Tel +354 464-4252
13  Stay at Hlíð Travel Service www.myvatnaccommodation.is Tel +354 464-4103	14  Stay at Eldá Guesthouse www.elda.is Tel +354 464-4220	15  Stay at Guesthouse Helluhraun 13 HG 649 helluhraun13@gmail.com Tel +354 846-7392	16  Stay at Óli's Homestay olimyvsn@gmail.com Tel +354 894-3433

WHAT TO DO

18  Bath at Mývatn Nature Baths Dine at Café Kvika Book at www.mnb.is Tel +354 464-4411	19  Travel with Geo Travel www.geotravel.is info@geotravel.is Tel +354 464-4442	20  Fly with Mýflug Air www.myflug.is info@myflug.is Tel +354 464-4400
21  Travel with Mývatn Tours www.myvatntours.is myvatntours@gmail.com Tel +354 464-1920	22  Ride with Safarí Horses www.safarihestar.is Tel +354 864-1121	23  Explore the Bird Museum www.fugasafn.is fugasafn@fugasafn.is Tel +354 464-4477
24  Ride with Saltvík Horses www.saltvik.is saltvik@saltvik.is Tel +354 847-6515	25  Study at Krafla Visitor Center www.landsvirkjun.com/visitus visit.us@landsvirkjun.is	26  Dog Sledge with Snow Dogs www.snowdogs.is Tel +354 847-7199
27  Travel with Hike & Bike www.hikeandbike.is Tel +354 899-4845	28  Visit The Yule Lads in Dimmuborgir www.yulelads.is info@visitmyvatn.is	29  Play Golf Tel +354 856-1159 www.mitt.golf.is/gkm stekkholt@emax.is

OTHER SERVICES

32  Mývatn Car Rental and Repair www.myvatncarrental.com Tel +354 623-6660	33  Supermarket www.samkaup.is Tel +354 464-4466
34  Visitor Center myvatn@umhverfisstofnun.is www.ust.is/myvatn-and-laxa Tel +354 464-4460	35  Health Care Center Pharmacy Tel +354 464-0660
36  Bank www.spar.is Post Office www.postur.is ATM Tel +354 464-6220	37  Skútustaðahreppur Municipality Tel +354 464-4163 www.skutustadahreppur.is

Mývatn Nature Reserve is perfect for hikers, nature lovers, photographers and birdwatchers. The area has a variety of marked hiking routes and beautiful landscapes!

HIKING ROUTES

- Vindbelgjarfjall (Mt. Vindbelgjarfjall)**
The trail is steep at times, but it suits most hikers, and the view of the district from the summit is spectacular. *Length: 2,5 km (one way)*
- Reykjahlið - Grjótagjá**
Walk through lava, a birch forest and sand. Uneven path that can be loose. *Length: 2,5 km*
- Grjótagjá - Mt. Hverfjall / Hverfell**
Walk through lava, a birch forest and sand. Uneven path that can be loose. Path leads to the service house by the mountain. *Length: 2 km*
- Mt. Hverfjall / Hverfell - Dimmuborgir**
Marked path through gravel around the mountain hills to the gate of Dimmuborgir. *Length: 3,6 km*
- Dimmuborgir - Birtingatjörn**
Marked path through lava and cliffs and uneven at times. *Length: 3 km*
- North Bank Circle**
Starts at the lava field by road nr. 1, 100 m from Icelandair Hotel Mývatn. Nice walk along the lake front and rough lava. Good for bird observation. *Length: 6 km*
- Mt. Hverfjall / Hverfell**
Walking up from parking lot:
Compressed gravel path that can be a little loose. Incline about 15°. *Length 500 m*
Crater circle: Length: 3,3 km
Walking up from south side: Steep route in loose sand. *Length: 540 m*
- Grjótagjá - Mývatn Nature Baths**
A walk by old gravel roads through the lava. *Length: 1,8 km*
- Mt. Hverfjall / Hverfell - Mývatn Nature Baths**
A marked path through gravel and lava. *Length: 2,5 km*
- Dimmuborgir**
Several hiking routes are available in Dimmuborgir. You will find a map when you enter the gate.
Small circle: 570 m Large circle: 750 m (including Hallarflöt). *Can be steep!*
Church circle: 1,8 km Mellandahringur: 1,5 km **Krókastígur: 890 m**
- Höfði and surrounding area**
Höfði is a rocky promontory which reaches into the waters of Lake Mývatn. The view from here is good, giving a vista of the lake's coves and inlets, besides being an excellent site for birdwatching. Gravel road around Höfði. Beautiful area for birdwatchers. *Length: 1,2 km*

Klasar: 1 km (one way) **Klasar circle: 2,2 km**
Birtingatjörn: 1,2 km Strípar circle: 420 m
- Námafjall / Hverir**
The hot spring area named Hverir, east of Mt. Námafjall, is one of the high temperature areas in Iceland. Don't walk outside of the path, you don't want to catch a burn!
- Leirhnjúkur**
Enjoy a walk through the active volcanic area of Leirhnjúkur. A hiking trail leads from the hot spring area to the crater Hófur, which is north of Leirhnjúkur.
- Reykjahlið - Mt. Hlíðarfjall**
Marked path from Reykjahlið to the top of Mt. Hlíðarfjall. Very steep!
- Leirhnjúkur - Reykjahlið**
A trail leads from Leirhnjúkur to Mt. Hlíðarfjall. You can go up the very steep path or continue directly to Reykjahlið. It crosses the flow of the lava since 1724-1729.
- Stóra-Víti**
Short trail around the maar (explosion crater) Stóra-Víti, formed in 1724.
- The Dalfjall Mt. Route**
Beautiful path from Leirhnjúkur to the highway at Námaskarð pass.
- Skútustaðagigar - Pseudocraters**
The crater's circle: Good gravel path with stairs up to the craters. Start from parking lot by Hótel Gígur or Sel Hótel. *Length: 1,6 km*
The Stakhólstjörn circle: The gravel and mud trail runs around Stakhólstjörn. Close proximity to diverse birdlife. *Length 2,9 km*

HIKERS!
Hiking routes marked:
 **Red, are considered hard**
 **Blue, are considered easy**
 **Orange, not serviced**



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