



	Parking
	Observation Desk
	Interesting Place
	Visitor Center
	Campsite
	Grocery Store
	Gas Station
	Airport
	Public Restroom
	Hiking Route

  

	Paved Road
	Gravel Road
	Footpath
	5 km.

### DEAR VISITOR

Welcome to Mývatn Nature Reserve! You are visiting a very special place. Lake Mývatn, Laxá river and most of the surroundings are protected by law as globally important wetlands. Everyone is obliged to treat the local environment with care and avoid interrupting sensitive wildlife.

### KEEP IN MIND!

- Sailing on the lake, including kayaking and paddle boarding, is not permitted for visitors.
- Stay within marked trails, the vegetation and the geological formations are very fragile.
- Take only photographs and memories back with you, leave rocks and plants behind.
- Always use public WC. If you are far off the beaten track, bury your waste away from the trail. **Enjoy your stay!**



Dimmuborgir



Hverir



Harlequin Duck



Askja



www.yulelads.is



Northern Lights



www.myvatnmarathon.com



Dettifoss



Höfði

### NORTHERN LIGHTS

Find a safe spot. **Please, do not park or stop the car in the middle of the road.** Recommended spots:

**Have fun!**

### ATTENTION!

Travelers with mobile homes and campers, overnight stay is only permitted at designated campsites.

### DISTANCES FROM MÝVATN

Akureyri..... 83 km	Dettifoss... 50 km
Húsavík..... 54 km	Ásbyrgi... 118 km
Egilsstaðir..165km	Goðafoss... 49 km
Reykjavík.. 470	Krafla..... 15 km
Keflavík.... 512 km	Askja 130/150 km

# WHERE TO STAY & EAT

<p><b>1</b> Sel Hótel Mývatn Dine at Sel Bistrot Shop at Café Sel www.myvatn.is Tel +354 464-4164</p>	<p><b>2</b> Icelandair Hótel Mývatn Dine at Mylla Restaurant &amp; Gamli Bær Bistrot www.icelandairhotels.com Tel +354 594-2000</p>	<p><b>3</b> Vogafjós Farm Resort Dine at the Cowshed Cafe Visit the cows www.vogafjos.is Tel +354 464-3800</p>	<p><b>4</b> Hótel Laxá Dine at Eldey Restaurant www.hotellaxa.is Tel +354 464-1900</p>
<p><b>5</b> Stay at Vogar Travel Service Eat at Daddi's Pizza TAXI www.vogahraun.is Tel +354 464-4399</p>	<p><b>6</b> Stay at Skútustaðir Farm Guesthouse &amp; Gamli Bær Bistrot www.skutustadir.is Tel +354 464-4212</p>	<p><b>7</b> Stay at Dimmuborgir Guesthouse www.Dimmuborgir.is Tel +354 464-4210</p>	<p><b>8</b> Dine at Kaffi Borgir Shop at Mývatn Market www.kaffiborgir.is Tel +354 464-1144</p>
<p><b>9</b> Stay at Fosshótel Mývatn Hotel &amp; restaurant www.islandshotel.is Tel +354 453-0000</p>	<p><b>10</b> Stay at Bjarg Travel Service Campsite &amp; Guesthouse ferdabjarg@simnet.is Tel +354 464-4240</p>		<p><b>12</b> Stay at Stöng Guesthouse &amp; restaurant www.stong.is Tel +354 464-4252</p>
<p><b>13</b> Stay at Hlíð Travel Service www.myvatnaccommodation.is Tel +354 464-4103</p>	<p><b>14</b> Stay at Eldá Guesthouse www.elda.is Tel +354 464-4220</p>	<p><b>15</b> Stay at Guesthouse Helluhraun 13 HG 649 helluhraun13@gmail.com Tel +354 846-7392</p>	<p><b>16</b> Stay at Óli's Homestay olimyvsn@gmail.com Tel +354 894-3433</p>
			<p><b>17</b> Stay at Miðhús Apartment disajon@nett.is Tel: +354 867-8249</p>

# WHAT TO DO

<p><b>18</b> Bath at Mývatn Nature Baths Dine at Café Kvika Book at www.mnb.is Tel +354 464-4411</p>	<p><b>19</b> Travel with Geo Travel www.geotravel.is info@geotravel.is Tel +354 464-4442</p>	<p><b>20</b> Fly with Mýflug Air www.myflug.is info@myflug.is Tel +354 464-4400</p>
<p><b>21</b> Travel with Mývatn Tours www.myvatntours.is myvatntours@gmail.com Tel +354 464-1920</p>	<p><b>22</b> Ride with Safari Horses www.safarihestar.is Tel +354 864-1121</p>	<p><b>23</b> Explore the Bird Museum www.fugasafn.is fugasafn@fugasafn.is Tel +354 464-4477</p>
<p><b>24</b> Ride with Saltvík Horses www.saltvik.is saltvik@saltvik.is Tel +354 847-6515</p>	<p><b>25</b> Study at Krafla Visitor Center www.landsvirkjun.com/visitus visit.us@landsvirkjun.is</p>	<p><b>29</b> Dog Sledge with Snow Dogs www.snowdogs.is Tel +354 847-7199</p>
	<p><b>28</b> Visit The Yule Lads in Dimmuborgir www.yulelads.is info@visitmyvatn.is</p>	<p><b>29</b> Play Golf Tel +354 856-1159 www.mitt.golf.is/gkm stekkholt@emax.is</p>

# OTHER SERVICES

<p><b>32</b> Mývatn Car Rental and Repair www.myvatncarrental.com Tel +354 623-6660</p>	<p><b>33</b> Supermarket www.samkaup.is Tel +354 464-4466</p>
<p><b>34</b> Visitor Center myvatn@umhverfisstofnun.is www.ust.is/myvatn-and-laxa Tel +354 464-4460</p>	<p><b>35</b> Health Care Center Pharmacy Tel +354 464-0660</p>
<p><b>36</b> Bank www.spar.is Post Office www.postur.is ATM Tel +354 464-6220</p>	<p><b>37</b> Skútustaðahreppur Municipality Tel +354 464-4163 www.skutustadahreppur.is</p>

Mývatn Nature Reserve is perfect for hikers, nature lovers, photographers and birdwatchers. The area has a variety of marked hiking routes and beautiful landscapes!

# HIKING ROUTES

- Vindbelgjarfjall (Mt. Vindbelgjarfjall)**  
The trail is steep at times, but it suits most hikers, and the view of the district from the summit is spectacular. *Length: 2,5 km (one way)*
- Reykjahlíð - Grjótagjá**  
Walk through lava, a birch forest and sand. Uneven path that can be loose. *Length: 2,5 km*
- Grjótagjá - Mt. Hverfjall / Hverfell**  
Walk through lava, a birch forest and sand. Uneven path that can be loose. Path leads to the service house by the mountain. *Length: 2 km*
- Mt. Hverfjall / Hverfell - Dimmuborgir**  
Marked path through gravel around the mountain hills to the gate of Dimmuborgir. *Length: 3,6 km*
- Dimmuborgir - Birtingatjörn**  
Marked path through lava and cliffs and uneven at times. *Length: 3 km*
- North Bank Circle**  
Starts at the lava field by road nr. 1, 100 m from Icelandair Hotel Mývatn. Nice walk along the lake front and rough lava. Good for bird observation. *Length: 6 km*
- Mt. Hverfjall / Hverfell**  
**Walking up from parking lot:**  
Compressed gravel path that can be a little loose. Incline about 15°. *Length 500 m*  
**Crater circle:** *Length: 3,3 km*  
**Walking up from south side:** Steep route in loose sand. *Length: 540 m*
- Grjótagjá - Mývatn Nature Baths**  
A walk by old gravel roads through the lava. *Length: 1,8 km*
- Mt. Hverfjall / Hverfell - Mývatn Nature Baths**  
A marked path through gravel and lava. *Length: 2,5 km*
- Dimmuborgir**  
Several hiking routes are available in Dimmuborgir. You will find a map when you enter the gate.  
Small circle: *570 m*      Large circle: *750 m (including Hallarflöt). Can be steep!*  
Church circle: *1,8 km*      Mellandahringur: *1,5 km*      **Krökastigur: 890 m**
- Höfði and surrounding area**  
Höfði is a rocky promontory which reaches into the waters of Lake Mývatn. The view from here is good, giving a vista of the lake's coves and inlets, besides being an excellent site for birdwatching. Gravel road around Höfði. Beautiful area for birdwatchers. *Length: 1,2 km*  
  
Klasar: *1 km (one way)*      **Klasar circle: 2,2 km**  
Birtingatjörn: *1,2 km*      Strípar circle: *420 m*
- Námafjall / Hverir**  
The hot spring area named Hverir, east of Mt. Námafjall, is one of the high temperature areas in Iceland. Don't walk outside of the path, you don't want to catch a burn!
- Leirhnjúkur**  
Enjoy a walk through the active volcanic area of Leirhnjúkur. A hiking trail leads from the hot spring area to the crater Hófur, which is north of Leirhnjúkur.
- Reykjahlíð - Mt. Hlíðarfjall**  
Marked path from Reykjahlíð to the top of Mt. Hlíðarfjall. Very steep!
- Leirhnjúkur - Reykjahlíð**  
A trail leads from Leirhnjúkur to Mt. Hlíðarfjall. You can go up the very steep path or continue directly to Reykjahlíð. It crosses the flow of the lava since 1724-1729.
- Stóra-Víti**  
Short trail around the maar (explosion crater) Stóra-Víti, formed in 1724.
- The Dalfjall Mt. Route**  
Beautiful path from Leirhnjúkur to the highway at Námaskarð pass.
- Skútustaðagigar - Pseudocraters**  
The crater's circle: Good gravel path with stairs up to the craters. Start from parking lot by Hótel Gígur or Sel Hótel. *Length: 1,6 km*  
The Stakhólstjörn circle: The gravel and mud trail runs around Stakhólstjörn. Close proximity to diverse birdlife. *Length 2,9 km*

**HIKERS!**  
Hiking routes marked:  
● Red, are considered hard  
● Blue, are considered easy  
● Orange, not serviced

